

The booklet you must keep!

With all the important things you need to know in time of an emergency

Dear residents,

The State of Israel, as a whole, and the city of Ashkelon, specifically, are having to cope more and more frequently with security challenges and finding involved and demanding solutions. Being prepared correctly and in advance should help get us through the crisis in the best possible way and maintain our resilience. The city of Ashkelon is continually intensifying and broadening its emergency preparedness and readiness for various scenarios with the objective of providing you, exactly when it is needed, the best possible service. In this booklet, you will find important and life-saving information, with detailed guidelines that will enable you to be as prepared as possible for every scenario, within your personal space.

Tomer Glam

Mayor

Missile and Rocket Fire

Extended Stay in Protected Areas/Safe Rooms

Water Crisis

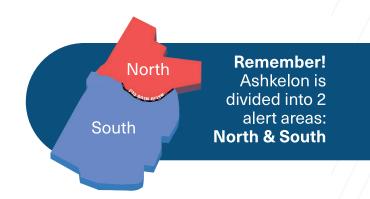
Checking Systems in Multi-Story Buildings

Communication Options

Electricity Crisis

Missile and Rocket Fire

Time to enter a safe space: 30 seconds





Safe space in individual apartments / per floor of building



Shelter common shelter in a building / public shelter



Internal stairwell



Internal room

What is an internal stairwell?

A room without external wall, windows, or openings

- In a building with more than three stories, where there is no safe room (mamad), per floor safe room, or common shelter, enter the building's stairwell and remain on a level where there are at least two stories above you. Do not shelter on the ground level.
- In a three-story building, where there is no safe room (mamad), per floor safe room, or common shelter, go to the middle level of your building's stairwell.

What is a protected internal room?

An internal room with as few as possible external walls, windows, or openings.

Areas that should not be used as a safe space:

Kitchen, shower or toilets. In addition, stay as far as possible away from ceramics tiles, and glass – which are liable to break off the walls and shatter.

Make sure you have the Homefront Command's app so that you get real-time alerts for your area.



How to be certain that the safe room is "up to spec" and prepared for an emergency in five steps:

- Ensure that the room's original door and window are installed.
- 2 Check that the door closes and opens easily, that the door handle can be raised 90 degrees, that light does not enter, and that the rubber seals are there and have not dried out.
- 3 Check that the external steel window can be closed.
- Check that the glass window is closed, generally by using the double emergency locking mechanism.
- Ensure that the saferoom is available and that there are no dangerous or poisonous materials in it. Remove any gas balloons/canisters & store them far away from the room.

Why do we have to remain in the room for 10 minutes?

It is important for you to know that:

- During a power outage, you will not hear an alert if there is an additional barrage during the 10 minutes between the first siren and your entering the safe room
- Danger from shrapnel/fragments from anything intercepted
- The barrage may continue
- ► Improved civilian protection

The city of Ashkelon has been refurbishing common shelters and making stairwells secure alongside the renovatin, installing equipment, and preparing public shelters at a cost of 23 million shekels.

We are not getting "stressed out" We are getting prepared!

The following is a list of equipment and supplies to have on hand for an extended stay in a safe room and in situations when there may be no electrical power or water:

Water supply:

Approximately 4 liters per person per day

Dry food that does not require refrigeration

(check the expiry date on packages)

A radio & emergency lights that work on batteries

(Note: You can use the radio in your car, in an emergency)

Medication & a first aid kit

Baby supplies

Formula, baby cereal, disposable diapers, & wipes

Hygiene supplies

(wipes, tissues, towel, hairbrush, toothpaste, deodorant, liquid soap)

Mattresses & blankets

Disposable plates & garbage bags

Mobile chargers & batteries

(Note: You can also charge your phone in your car)

Cash

Personal documents

Photocopies of documents

Clothing:

At least 3 pairs of outer clothing & underwear

Games etc. for children



For individuals with special needs: Add as required



During these special times we recommend getting prepared & checking the important systems in your multi-story residential building:

- Check the emergency generator in your building
- Check that all common areas, including stairwells, are clear of equipment etc.
- Check the state of the building's emergency lighting
- Ensure that the fire doors or not blocked or locked
- Check the state of the fire extinguisher installations on each level, including the extinguisher and the ancillary equipment
- In the case of a fire, do not use the elevators
- Check that the ways to enter/exit the roof are clear so that they are an evacuation/rescue option
- Check the state of the building's fire detection system & ensure that it is in good repair & ready for an emergency
- Check the sprinkler & water pump systems for increasing pressure in the case of a fire, to ensure that these systems are functioning and ready for use in an emergency

- Check the state of the building's fire hydrant
- It is advisable to check the state of the smoke extraction system & its readiness for an emergency
- It is advisable to check the manual opening of parking lot/building entrance/exit gates to ensure that they can be opened quickly during an emergency should the building have to be evacuated.
- of residents that includes telephone numbers & emergency contact persons, as well as a separate list of senior citizens & handicapped individuals who may need assistance during evacuation or in any other situation

It is advisable to prepare an up-to-date list



Power Outage

During emergencies, it is likely that the electrical power will go out, even for several days. Proper precautions will make it easier for you & may save lives.

How to get prepared? Check out this acronym: MNTKT (works in Hebrew; not in English)

Food, liquid, lights, getting alerts, & maintaining a link to communication lines A complete list of the required equipment appears on page 4.



The Authority has just completed readying areas for two generators that will be able to supply power during an emergency for residents on oxygen support systems.

Water crisis

- An official announcement via the city's media will be issued (hence it is very important to join the neighborhood WhatsApp groups & the municipal WhatsApp group) with a list of distribution points & schedules.
- Water distribution will be done using containers or bottles at the distribution points.

What can we do in the meantime:

Drinking

Prepare 4 liters per person, which assures that you have enough water for 3 days

Hygiene

Prepare a supply of wet wipes & alcogel

Cleaning

Prepare garbage bags & paper towels

Toilets

Prepare individual sanitation bags (bags to be used in the toilets when there is no water & place them over the toilet bowl) & toilet paper



Resilience Center Here for you!

*2452

Residents who are suffering mental anguish due to the security situation can get help psychological help by telephone or in person during an emergency 24/7 and during normal times between 8am and 4pm (16:00)

*2660

In addition, the Welfare & Social Services Authority operates a "hotline" that is staffed by licensed psychologists & that is open between 8am and 10pm (22:00)





For your use, accessible material to help alleviate mental distress situations among adults & children



You are invited to contact the Ashkelon Resilience Center or leave a request through this Facebook link

Public shelters in Ashkelon

MIGDAL & RAMAT ESHKOL

Address	Shelter #
David Raziel (29A)	101
David Raziel (19A)	102
HaUrim (3A)	103
Ben David (1A)	104
Ibn Ezra (12A)	105
Yeshayahu (9A)	106
Yeshayahu (19A)	107
Yeshayahu (12A)	108
David Remez	109
Tzahal	110
KKL	111
HaAvoda – Remez	113

GIVAT ZION

Address	Shelter #
Yo'el – Yeshayahu	202
Yeshayahu 16	203
HaNivi'im 23	204
HaNivi'im 34	205
Natan HaNavi 38	206
Kikar Nechemya	208
Kikar Ezra	209
Shivat Zion 10A	210
Kikar Yona	211
Shvil Daniel	212
Devorah HaNivi'a	213
Chananya 10	214

Address	Shelter #
Shivat Zion 34	215
Shivat Zion 40	216
Shivat Zion 49	217
Shvil Pinchas	218
Asaf HaRofe	219
HaTechiya 38	220
Kikar Barak	221
Kikar Otnyel	222
Avimelech 21	223
Baruch Sabag	224
Kikar Zevulun	225
HaShvatim – Asher	226
Yellin 4	227
Chana Senesh	228
Efraim 97	229
HaShvatim 5	230
Efraim	231
Shvil Naomi	232
Yehoash	233
Shvil Shapira	234
HaNagar	235
HaCharat	236

SHIMSHON

Ben Zoma 301 CHIDA 2 302 HaSocher 303 Kikar Manger 1 304 Dibolet 305 Dibolet 306 HaBa'al Shem Tov 1 307 Koresh 308 HaHistadrut 310 HaRav Uziel 311 M.M. Sefarim 312 Shalom Aleichem 313 Y.L. Peretz 314 HaHistadrut 315 Tchernichovsky 316 Jabotinsky 317 Bialik 318 Archie Sherman 319 HaRav Maimon 320 HaRav Pinto 321 Jabotinsky 322 Chovevei Zion 323 Chovevei Zion 324 HaHistadrut 325 HaHistadrut 326 HaHistadrut 326	Address	Shelter #
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Kikar Manger 1 Dibolet Dibolet Jobolet	CHIDA 2	302
Dibolet Dibole	HaSocher	303
Dibolet HaBa'al Shem Tov 1 307 Koresh 308 HaHistadrut 309 HaHistadrut 310 HaRav Uziel 311 M.M. Sefarim 312 Shalom Aleichem 313 Y.L. Peretz 314 HaHistadrut 315 Tchernichovsky 316 Jabotinsky 317 Bialik Archie Sherman HaRav Maimon HaRav Pinto 321 Jabotinsky 322 Chovevei Zion 324 HaHistadrut 325 HaHistadrut 326	Kikar Manger 1	304
HaBa'al Shem Tov 1 307 Koresh 308 HaHistadrut 309 HaHistadrut 310 HaRav Uziel 311 M.M. Sefarim 312 Shalom Aleichem 313 Y.L. Peretz 314 HaHistadrut 315 Tchernichovsky 316 Jabotinsky 317 Bialik 318 Archie Sherman 319 HaRav Maimon 320 HaRav Pinto 321 Jabotinsky 322 Chovevei Zion 323 Chovevei Zion 324 HaHistadrut 325 HaHistadrut 326	Dibolet	305
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HaHistadrut 309 HaHistadrut 310 HaRav Uziel 311 M.M. Sefarim 312 Shalom Aleichem 313 Y.L. Peretz 314 HaHistadrut 315 Tchernichovsky 316 Jabotinsky 317 Bialik 318 Archie Sherman 319 HaRav Maimon 320 HaRav Pinto 321 Jabotinsky 322 Chovevei Zion 323 Chovevei Zion 324 HaHistadrut 325 HaHistadrut 326	HaBa'al Shem Tov 1	307
HaHistadrut 310 HaRav Uziel 311 M.M. Sefarim 312 Shalom Aleichem 313 Y.L. Peretz 314 HaHistadrut 315 Tchernichovsky 316 Jabotinsky 317 Bialik 318 Archie Sherman 319 HaRav Maimon 320 HaRav Pinto 321 Jabotinsky 322 Chovevei Zion 323 Chovevei Zion 324 HaHistadrut 325 HaHistadrut 326	Koresh	308
HaRav Uziel 311 M.M. Sefarim 312 Shalom Aleichem 313 Y.L. Peretz 314 HaHistadrut 315 Tchernichovsky 316 Jabotinsky 317 Bialik 318 Archie Sherman 319 HaRav Maimon 320 HaRav Pinto 321 Jabotinsky 322 Chovevei Zion 323 Chovevei Zion 324 HaHistadrut 325 HaHistadrut 326	HaHistadrut	309
M.M. Sefarim 312 Shalom Aleichem 313 Y.L. Peretz 314 HaHistadrut 315 Tchernichovsky 316 Jabotinsky 317 Bialik 318 Archie Sherman 319 HaRav Maimon 320 HaRav Pinto 321 Jabotinsky 322 Chovevei Zion 323 Chovevei Zion 324 HaHistadrut 325 HaHistadrut 326	HaHistadrut	310
Shalom Aleichem Y.L. Peretz 314 HaHistadrut 315 Tchernichovsky 316 Jabotinsky 317 Bialik Archie Sherman HaRav Maimon HaRav Pinto Jabotinsky 322 Chovevei Zion Chovevei Zion HaHistadrut 325 HaHistadrut 326	HaRav Uziel	311
Y.L. Peretz 314 HaHistadrut 315 Tchernichovsky 316 Jabotinsky 317 Bialik 318 Archie Sherman 319 HaRav Maimon 320 HaRav Pinto 321 Jabotinsky 322 Chovevei Zion 323 Chovevei Zion 324 HaHistadrut 325 HaHistadrut 326	M.M. Sefarim	312
HaHistadrut 315 Tchernichovsky 316 Jabotinsky 317 Bialik 318 Archie Sherman 319 HaRav Maimon 320 HaRav Pinto 321 Jabotinsky 322 Chovevei Zion 323 Chovevei Zion 324 HaHistadrut 325 HaHistadrut 326	Shalom Aleichem	313
Tchernichovsky Jabotinsky 317 Bialik Archie Sherman HaRav Maimon HaRav Pinto Jabotinsky Chovevei Zion Chovevei Zion HaHistadrut HaHistadrut 326	Y.L. Peretz	314
Jabotinsky Bialik Archie Sherman HaRav Maimon HaRav Pinto Jabotinsky Chovevei Zion Chovevei Zion HaHistadrut HaHistadrut 326	HaHistadrut	315
Bialik 318 Archie Sherman 319 HaRav Maimon 320 HaRav Pinto 321 Jabotinsky 322 Chovevei Zion 323 Chovevei Zion 324 HaHistadrut 325 HaHistadrut 326	Tchernichovsky	316
Archie Sherman HaRav Maimon 320 HaRav Pinto Jabotinsky 322 Chovevei Zion Chovevei Zion 324 HaHistadrut 325 HaHistadrut 326	Jabotinsky	317
HaRav Maimon 320 HaRav Pinto 321 Jabotinsky 322 Chovevei Zion 323 Chovevei Zion 324 HaHistadrut 325 HaHistadrut 326	Bialik	318
HaRav Pinto Jabotinsky 322 Chovevei Zion 323 Chovevei Zion 324 HaHistadrut 325 HaHistadrut 326	Archie Sherman	319
Jabotinsky 322 Chovevei Zion 323 Chovevei Zion 324 HaHistadrut 325 HaHistadrut 326	HaRav Maimon	320
Chovevei Zion 323 Chovevei Zion 324 HaHistadrut 325 HaHistadrut 326	HaRav Pinto	321
Chovevei Zion 324 HaHistadrut 325 HaHistadrut 326	Jabotinsky	322
HaHistadrut 325 HaHistadrut 326	Chovevei Zion	323
HaHistadrut 326	Chovevei Zion	324
	HaHistadrut	325
HaHistadrut 327	HaHistadrut	326
	HaHistadrut	327

Address	Shelter#
HaPortzim	328
HaPortzim	329
HaPortzim	330
HaPortzim	331
Chovevei Zion	332
Chovevei Zion	333
Olei HaGardom	334
Olei HaGardom	335
Olei HaGardom	336
Olei HaGardom	337
Olei HaGardom	338
Olei HaGardom	339
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Olei HaGardom	340
Olei HaGardom	342
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BILU 1	344
BILU 3	345
BILU 5	346
Aliyat HaNoar	347

AFRIDAR

Address SI	nelter#
HaPardes (Charzanit)	401
HaDror	402
HaNasi (S.F. Af.)	403
Malchei Israel	404
Kkar HaMelech David	405
Kikar HaMelech Shlomo	406
Hallan 35 (Kikar)	407
Kikar HaMelech Shaul	408
HaTzaftefa (school)	409
HaZabar (Chizkeyahu)	410
Kapstaad 1A	411
HaNasi (HaChavazelet)	412
Johannesburg (Lilach)	413
Zonabend 10A	414
Luz, HaEshel	415
Zonabend (HaDekel)	416
HaShikma 92	417
HaChavazelet (Narkis)	418
Drom Afrika 16A	419
Ben Zvi – Zefanya	420

INDUSTRIAL AREA

Address	Shelter #		
HaOfen	601		
HaKishor	602		
HaKishor	603		
HaKishor	604		
HaKishor	605		
HaMenucha	606		
HaTasiya	607		
HaTasiya	608		

NEVE DKALIM

Address	Shelter#
Exodus 10	501
Chofit 11	502
Mivtza Moshe 15	503
Noga 11	504
HaBashan 8	505
Ginossar 21	506
Exodus 40	507
Adulam 13	508
HaGolan 31	509
Ami'ad 37	510
HaShefeyla 10	511
Nitzana 3	512
Ofira 8	513
Yahadut Sefarad 26	514
Chatzeva 2	515
Yahadut Sefarad 13	516
Zarit 42	517
Snir 9	518
Kol Yisrael Chaverim	519
Ari'el 6	520
Goshen 31	521

Emergency Numbers



Fire & Rescue Services

102



Magen David Adom

101



Israel Police

100



Child Online Protection Bureau

105



Homefront Command

104



Electric Company

103



YedidimHelp on the Roads

1230



United Hatzalah

1221



Emotional First Aid (ERAN)

1201

List of "Steel Branches" During Emergencies

Please note that during an emergency, the operation of branches may change & that is why is it important to keep updated by checking the city of Ashkelon's official media channels

SUPERMARKETS

Supermarket Name	Address
Carrefour Barnea Carrefour Yahnot Bitan Carrefour Afridar	Leifer Miller Rachel 1 HaPninim 30, North Industrial Center Jerusalem Boulevard 5
Carrefour Mega Balr Rami Levy North	HaHistadrut 4, Lev Ashkelon Tzahal 9
Supersol	Jerusalem Boulevard 1
Supersol	HaRakevet 1
Supersol	Ramat Remez 3
Tiv Ta'am	HaTechiya 1

KUPOT CHOLIM (HMOs)

НМО	Clinic Name	Address
Clalit	Barnea – Ashkelon	Yiftach HaGiladi
Clalit	Agamim South – Ashkelon	Bikat Rimon
Clalit	Academia – Ashkelon	Eli Cohen
Clalit	HaYovel – Ashkelon	Chaim Sela
Clalit	Neot Ashkelon	Yahadut Britannia
Clalit	Asaf HaRofe (south) – Ashkelon	Asaf HaRofe
Clalit	Halr – Ashkelon	NAHAL
Clalit	Azori Barnea – Ashkelon	Edmond de Rothschild
Leumit	Ashkelon Katzelnelson	Katzelnelson
Leumit	Ashkelon Barnea	Jerusalem Boulevard
Leumit	Ashkelon Shimshon	Agnon Sh"ay
Leumit	Ashkelon Agamim	Emek HaEla
Leumit	Women's Health Ashkelon	Jerusalem Boulevard
Meuhedet	Neve Dekalim – Ashkelon	Exodus
Meuhedet	Ashkelon – HaGevura	HaGevura
Meuhedet	Barnea HaChadasha – Ashkelon	Edmond de Rothschild
Meuhedet	Ashkelon – Kibbutz Galuyot	Kibbutz Galuyot
Meuhedet	Ashkelon – Rehov Bikat HaRimon 12	
Maccabi	Beit Rofim Ashkelon – Agamim	Bikat HaRimon
Maccabi	Beit HaRofim Barnea – Ashkelon Maccabi Initiatives	Edmond de Rothschild
Maccabi	Medical Clinics Ashkelon – Headquarters	HaGevura

PHARMACIES

Pharmacy	Address	Phone Number
Migdal Pharmacy	Rehov Herzel, Golomb Square, Midgal	08-6722332
Superpharm, Giron Mall	Ben Gurion 21	077-8880280
Children's Health Center Clinic	HaHistadrut 21	08-6830221
Superpharm, Sha'ar Ashkelon	Silver Junction	077-8880750
Daimon Pharmacy	Eli Cohen 39, Neve Ilan	08-6744049
Meuhedet Pharmacy	Kibbutz Galuyot 5	08-6707511
Beit Frank Leumit Pharmacy	Herzel 4, Migdal	08-6790555
Superpharm, David Center	HaNazi 3, Afridar	077-8881000
Be Migdal Remez	Remez 39	08-8696028
Superpharm, Hutzot Mall	Ben Gurion Boulevard	077-8882450
Be Davidi	MACHAL 1	08-6644033
Superpharm, Globus Center	Mavki'im Junction, Southern Industrial Area	077-8882690
Be Marina	HaNamal 9, Marina	08-9582324
New Shimshon Pharmacy	Yehuda HaLevi 38	08-6189968
Superpharm Barnea	Jerusalem Boulevard 117, Barnea	077-8883050
Leumit Katzelnelson Pharmacy	Katzelnelson 10	08-8687500
Hi Pharm Pharmacy	HaNamal 2, Marina	086-143344
Superpharm Agamim	Emek HaEla Boulevard 49	077-8683180
Chamsa Pharmacy	HaTa'anach 2	08-6726645